



## MID-PLAINS COMMUNITY COLLEGE INTRAMURALS PARTICIPATION WAIVER & RELEASE OF LIABILITY

### Instructions:

1. Each Participant should read the statements below before completing and signing the Student Agreement Form.
2. Parents/Guardians should read the statements below before completing and signing the Student Agreement Form.

Agreement: In consideration of my participation in Mid-Plains Community College intramurals and in the sponsored activities of the Mid-Plains Community College Intramurals, I acknowledge, agree to and understand that:

1. Readiness to Compete: Voluntary and of my own free will, I elect to participate in Mid-Plains Community College Intramurals for which I believe I am physically and psychologically prepared to compete. I am also aware that Mid-Plains Community College and affiliates participate in the use of social media including but not limited to websites, Twitter, Facebook, and Instagram, and therefore give permission to post names and photos to social media.
2. Waiver & Release of Liability: I am fully aware of and appreciate the risks associated with participation in an intramural event, including the risk of catastrophic injury, paralysis and even death, as well as other types of damages and loss. I further agree on behalf of myself, my heirs, and personal representatives, that Mid-Plains Community College Intramurals, Mid-Plains Community College, the host organization, and sponsors of any Mid-Plains Community College Intramurals event, along with the coaches, referees, volunteers, employees, agents, officers and directors of these organizations, shall not be liable for any injury, loss of life, or any other loss or damage occurring as a result of my participation in the event(s). I understand I assume all risks associated with travel to and from such place of activity.
3. Unsportsmanlike Conduct: I understand that unsportsmanlike conduct will not be tolerated in Mid-Plains Community College Intramural/Events and could result in ejection and/or suspension from games and/or leagues. A "bad-temper", "natural-instinct", or "self-defense", or similar excuse will not be accepted as a reason for misconduct. Unsportsmanlike conduct includes verbal and/or physical abuse of officials, profanity, fighting, pushing and verbal attacks aimed at opponents.

My signature on the Student Agreement Form is my acknowledgment that I have read and understood every provision of this Waiver & Release of Liability Form, and that I agree to abide by it.

In consideration of being allowed to participate in any way in Mid-Plains Community College Intramurals, related events and activities, the undersigned acknowledges, appreciates and agrees that:

1. The risk of injury from activities in this program is present, including the potential for permanent injury and death, and while particular rules, equipment, and personal discipline may reduce this risk of serious injury does exist; and
2. I knowingly and freely assume all such risks, both known and unknown, even if arising from the negligence of the releases or other, and, assume full responsibility for my participation; and
3. I willingly agree to comply with the stated and customary terms and conditions for participation. If, however, I observe any unusual significant hazard during my presence or participation or any threat to my health and safety, I will remove myself from participation and bring such to the attention of the nearest official immediately; and
4. I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, HERBY RELEASE AND HOLD HARMLESS Mid-Plains Community College Intramurals, Mid-Plains Community College, their officers, officials, agents and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessors of premises used to conduct the event, WITH RESPECT TO ANY AND ALL INJURY, DISABILITY, DEATH, or loss or damage to person or property, WHETHER ARISING FROM THE NEGLIGENCE OF THE RELEASES OR OTHERWISE. I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTANDING THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.