



## **Mid-Plains Community College - Broken Bow Campus Winter/Spring 2020 Community Education Classes**

*All classes held at the Broken Bow Campus unless noted.  
Please call to register for your class: (308) 872-5259*

### **Beginner Self-Publishing**

***Tuesday, January 7, 6:00-7:30pm***

***\$40/person***

Do you love to write but don't know where to start when it comes to self-publishing? Attend this class and you will learn some simple steps to getting your written works out for the world to see. This can be done for free too by publishing online. If you want to see and hold your book some basic information will be provided on how to accomplish this at a reasonable cost. This class will give you the confidence you need to start or finish your book and get it self-published.

### **American Heart BLS Provider CPR Training**

***Saturday, January 25, 9:00am-5:00pm***

***\$56/person***

This class is intended to provide the Health Care student with training, as an individual or as a team member, to administer adult, child, and infant CPR. Usage of an AED, pocket mask, and bag-valve mask is also included. This class fulfills the CPR requirement for most other health related professions. Pre-registration is required.

## **'1917' Movie Discussion & WWI History**

***Mondays, February 3, 10 & 17, 7:00-9:00pm***

***\$30/person or \$50/couple***

Course description coming soon!

## **Country Dancing**

***Sundays, February 16-March 15, 7:00-9:00pm***

***\$30/couple or \$15/person***

Country Dance is easy and fun! Get together with fun loving folks and enjoy moving to the music. New and former students are encouraged to join the Wrights again to practice and find places to test your new dance skills! This class meets for 5 weeks (every Sunday, Feb. 16 through Mar. 15, 2020).

## **Spring Barn Quilt & Door Hanger Workshop**

***Saturday, February 22, 1:00-4:00pm***

***Price varies based on size***

We need some spring cheer! In this class you will paint a full size barn quilt that is either 2, 3 or 4 foot or a fun size barn quilt door hanger that is 1 foot. The barn quilts will have spring flower patterns on them to give our spirits a boost. You will need to bring yellow Frogtape, a hair dryer and an extension cord for the full size barn quilts. On the 1 foot fun size barn quilts you will need to bring a hair dryer and an extension cord.

## **QPR Suicide Prevention Training**

***Wednesday, February 26, 12:00-1:30pm***

***FREE to attend!***

Educate yourself about suicide prevention as well as the warning signs, clues and communications of people in trouble. Pre-registration is required.

## **Graphic Design 101**

***Thursday, March 12, 6:00-7:30pm***

***\$35/person***

Learn the basics of graphic design! Explore the differences between typefaces and fonts, the importance of color in design, and how to apply these concepts into a marketing piece to begin building your personal brand.

## **American Heart BLS Provider CPR Training**

***Saturday, March 21, 9:00am-5:00pm***

***\$56/person***

This class is intended to provide the Health Care student with training, as an individual or as a team member, to administer adult, child, and infant CPR. Usage of an AED, pocket mask, and bag-valve mask is also included. This class fulfills the CPR requirement for most other health related professions. Pre-registration is required.

## **Easter Egg Coloring**

***Tuesday, April 7, 6:30-8:00pm***

***\$10/person***

Learn how to decorate and dye the prettiest Easter eggs! All supplies will be provided; 6 hard-boiled eggs come with registration. Dress for the mess!

## **Rustic Barn Quilt Workshop**

***Saturday, May 9, 1:00-4:00pm***

***Price varies based on size***

No experience needed! In this class you will paint a full-size barn quilt that is either 2, 3 or 4 foot. You will need to bring yellow Frogtape, a hair dryer, and an extension cord.

## **Sneaker Marbling**

***Saturday, May 9, 5:00-7:00pm***

***\$35/person***

Course description coming soon!

## **Tie Dye**

***Saturday, May 30, 1:00-3:00pm***

***\$35/person***

Learn various folds and techniques of tie dye. There will be a demonstration on various techniques and information will also be provided on further embellishment. Bring a 100% cotton t-shirt to class to tie-dye.

## **Beginner Self-Publishing**

***Saturday, May 30, 4:00-5:30pm***

***\$40/person***

Do you love to write but don't know where to start when it comes to self-publishing? Attend this class and you will learn some simple steps to getting your written works out for the world to see. This can be done for free too by publishing online. If you want to see and hold your book some basic information will be provided on how to accomplish this at a reasonable cost. This class will give you the confidence you need to start or finish your book and get it self-published.

**MORE COURSES COMING SOON!**